

E-News, February 2020

www.scwea.com

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# SCWEA Executive 2019/20:

President: Kerrie Binetruy
Vice President/Membership
Chairperson: Viviana Ruiz Arcand
Past President: Leanne Merkowsky
Secretary: Vanessa Lewis
Treasurer: Amanda Ross

#### **Directors:**

Clarence Neault Paul Blankestijn Julie Nyiri Bill Birns Lanna Abbott

#### Advisory:

Gord Heidel <u>Marlene</u> Flaman-Dunn

Ministry Contact: Barbara McKinnon

### **SCWEA Student Awards 2020**

**Nominations Due May 1**<sup>st</sup> - Applications available at <a href="http://www.scwea.com/scwea-student-award/">http://www.scwea.com/scwea-student-award/</a>

In 2020 the Saskatchewan Career and Work Education Association will provide two awards of \$200 each to two graduating students. One award will be given to students nominated from the northern area of the province and one from the southern area.

Members of SCWEA may nominate one CWEx student by May 1st. The SCWEA executive will perform a draw to determine the winners. The winning students will be notified, and asked to submit a photograph of themselves and a media/photo release signed by a parent or guardian.

Criterion for the award will include the following:

- The student must have achieved or be in progress to earn a credit in a CWEX 10, 20, A30 or B30 class.
- The student must be graduating in the year the award is given.
- The student must have represented themselves well both in class activities and in their work placement.
- The student should have shown considerable development in the classroom and potential in regards to the foundational objectives of Career and Work Exploration with particular emphasis on:
  - Development of their personal goals and characteristics in understanding themselves and the changing world around them.
  - Demonstration of personal accountability, communication and networking skills.
  - Recognition of transferable and employ-ability skills and the wide scope of career opportunities.
  - Responsible participation in their work placement in a safe and healthy manner.
  - Progress in the development of a career and/or work portfolio.
  - Ability to interact positively and effectively with others in regards to career education.

# **Scholarship and Funding Databases**

Scholar Tree	<u>Disability Awards</u>
Saskatchewan Scholarships	Fund Your Future
School Finder	YConic / Sudent Awards
Student Scholarships	<u>Academic Invest</u>
Scholarships Canada	Student Life Network
<u>Indspire</u>	Gabriel Dumont Institute
SK Residents – Scholarships, Bursaries & Grants	Canada – Education Planning & Student Aid

# **Post-Secondary Information for High School Students**

### **UNIVERSITY OF SASKATCHEWAN:**

- Effective since 2019-2020 admissions, the College of Engineering no longer requires Calculus 30 for entry into its Bachelor of Science in Engineering degree programs.
- University summer classes give high school students a head start on their degree program
  and lighten their load for the upcoming school year. Deadline to apply is May 15<sup>th</sup>. Be sure
  to check with a U of S counsellor that the course you choose meets your program's
  requirements.
- Competitive entrance scholarship applications and supporting documents are due March 1<sup>st</sup>.

### **LAKELAND COLLEGE:**

- Lakeland College has a standing invitation to visit either of their campuses in Vermillion or Lloydminster. Check out their <u>Prospective Students Overview</u> page to sign up for student for a day to meet with an enrolment specialist.
- The College also hosts many information and orientations sessions.
- On March 12<sup>th</sup> in Lloydminster or March 13<sup>th</sup> in Vermillion, you can come and explore the following programs: Agricultural Sciences, Business, Energy & Petroleum Technology, Environmental Sciences, Health & Wellness, Human Services, Interior Design, Street Rod Technologies. Please register for these sessions.

## **SASKATCHEWAN POLYTECHNIC:**

- INSIGHT is scheduled for **April 1**<sup>st</sup>, at all campuses. This event provides a great opportunity for students to spend a half day experiencing hands-on activities and learning about admission requirements and application processes. Registration will open March 11.
- Open House will be from 6:00 to 8:30 pm, will be taking place at the Moose Jaw and Saskatoon campuses on March 11<sup>th</sup>, and the Prince Albert and Regina campuses on March 12<sup>th</sup>. This will include presentations and general campus tours with opportunity for questions and answers. Free parking on-site. Registration will open on February 3<sup>rd</sup>.
- The <u>Women in Trades & Technology Exploratory Courses</u> provides fantastic opportunities
  for young women to explore trade & technology careers through hands on, experiential
  learning sessions. Course content includes automotive servicing, carpentry, electrical,
  machining, plumbing, and welding. Contact <u>Michelle</u>, 306-694-8446. Cost for these events
  average around \$150.00 to \$300.00.
- <u>Dual Credit</u> allows students to earn high school credit and Sask Polytech credit at the same time.
- The 12th Annual Sask Polytechnic Robot Rumble competition will be on March 19th in Saskatoon, and is open to all grade 9 12 students. Registration opens on January 2nd for both School and Team Registrations. The Polytechnic distributes SUMObot kits to participating schools on a first come, first served basis. Priority will be given to the schools who have not previously participated. Each kit contains all the parts to build your bot. Prizes will be given out!
- <u>Student Recruitment Advisors</u> offer individual and groups sessions providing an overview of programs, advantages of a Sask Polytech education and tips and reminders to guide the application process. These sessions are held regularly. Moose Jaw sessions are Tuesdays and Thursdays at 10:30 am. Please <u>register</u> to attend.
- There have been some programing changes for some courses. Please make sure to check and see if any apply to you. This includes <u>Culinary Arts</u>, <u>Cytotechnology</u>, <u>Mechanical</u> <u>Engineering Technology</u>, <u>Medical Laboratory Assistant</u>, <u>Medical Laboratory Technology</u>, and <u>Phlebotomy</u>.

# **UNIVERSITY OF REGINA:**

- <u>SAMS (Student Awards Management System)</u> allows students to search and apply online for the U of R scholarships and awards. The application deadline is **March 16**.
- <u>Living-Learning Communities</u> (LLCs) is a group of students that get together, in residence, because they share similar interests, values, and academic programs. These groups receive tutoring, workshops and wellness supports, attend social events, and connect with staff.
- <u>Grade11 University Preview</u> day will be hosted on **May 22**<sup>nd</sup>, from 9:30 pm to 3:00 pm. This is a fantastic opportunity for students to participate in different sessions on what the U of R has to offer and services provided. Schedule will be posted at a later date.
- Living on campus offers so many benefits for a first-year student: the best location, 24-hour support, countless community building activities and much more! A unique perk that many new students don't know about: <a href="Choose Your Room">Choose Your Room</a>. Any first-year student that applies for housing before March 15th is invited to use our room selection software to choose their exact apartment and bedroom from a list of available rooms. The room selection process takes place in March, and students will be provided with designated time slots to log in and select their room of choice. The earlier they apply, the better chance they will have at an earlier time slot.

# Short Term Training Options and Employment Centres:

For graduates planning on directly entering the workforce.

- a. <u>SK Polytech</u> Moose Jaw, Regina, Saskatoon, Prince Albert
- b. Regina Trades & Skills
  Centre
- c. <u>Saskatoon Trades & Skills</u> <u>Centre</u>
- d. Saskatchewan Indian
  Institute of Technologies Trades and Industrial Short
  Term Training Several
  Offices
- e. <u>Gabriel Dumont Institute</u> Several Offices
- f. Regina Work Preparation
  Centre
- g. YWCA Saskatoon's
  Learning & Employment
  Centre Saskatoon
- h. <u>Hiring Hands Employment</u> and Recruitment Services -Regina
- i. Job Search Engines www.saskjobs.ca,
  www.indeed.ca,
  www.monster.ca,
  www.workopolis.ca
- j. RBC Future Launch
- k. <u>SaskAbilities Partners in</u>
  <u>Employment</u> Several
  Offices
- I. A2Z Safety and Training
  Ltd. Prince Albert
- m. <u>First Nations Employment</u> <u>Centre</u> - Regina

# Saskatchewan Regional Colleges

There are several regional colleges across Saskatchewan. These regional colleges offer a wide variety of programs and services including: Industry & Safety Training, Adult Basic Education, SK Polytech certificate and diploma programs, University of Regina degree programs, University of Saskatchewan degree programs, English Language Training and Continuing Education. To see what programs and courses each college offers, click on the links below to be redirected to their website:

<u>Carlton Trail College</u> - located in Humboldt, Watrous and Wynyard

<u>Cumberland College</u> - located in Nipawin, Melfort and Tisdale

<u>Great Plains College</u> - located in Kindersley, Swift Current, Biggar, Maple Creek, Rosetown and Warman

Northlands College - located in La Ronge, Buffalo Narrows and Creighton

North West College - located in Battlefords and Meadow Lake

<u>Parkland College</u> – located in Yorkton, Melville, Fort Qu'Appelle, Esterhazy, Canora and Kamsack

<u>Southeast College</u> - located in Assiniboia, Estevan, Indian Head, Moosomin, Weyburn and Whitewood

# **Career Safety Education (CSE)**

This is a fantastic opportunity if you are currently on your way to building your resume and wanting to look like a star candidate for your future employers. Now you can receive safety training for FREE! Safety training looks great on resumes and post-secondary applications, as well as scholarship applications! The CSE program is available to all students. <a href="https://www.sasksafety.org/career-safety-education.html">https://www.sasksafety.org/career-safety-education.html</a>

# 33 Things You Should Remove From Your Resume

### Don't put an "objective" on your résumé.

If you applied, it's already obvious you want the job.

The exception: If you're in a unique situation, such as changing industries, it may be useful to include a short summary.

### Leave irrelevant work experience out.

Only include an experience if it really showcases additional skills that can translate to the position you're applying for.

#### Don't put your hobbies on your résumé.

If it's not relevant to the job you're applying for, it's a waste of space and a waste of the company's time.

#### Don't lie.

Candidates should concentrate on the skills they can offer, rather than the skills they can't offer.

#### Don't be wordy.

Standard font size, lots of white space and no more than a 0.8-inch margin are recommended.

#### Keep your references separate.

If your employers want to speak to your references, they'll ask you. Also, it's better if you have a chance to tell your references ahead of time that a future employer might be calling.

#### Remove inconsistent formatting.

Once you pick a format, stick with it. If you write the day, month, and year for one date, then use that same format throughout.

### Intrigued? For more resume building tips visit:

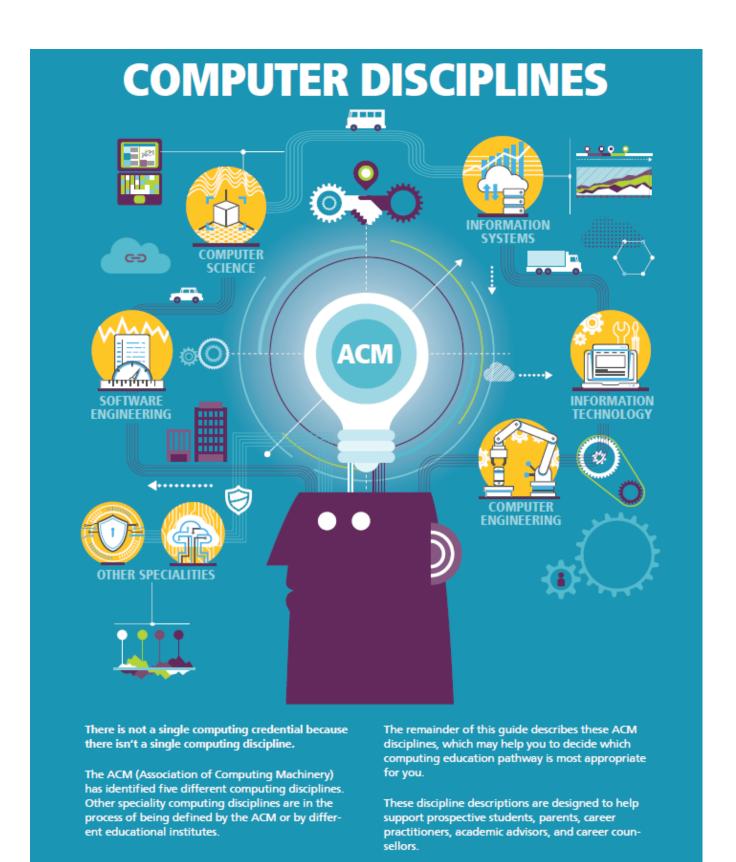
https://www.businessinsider.com/things-to-keep-off-your-resume-2015-3-31#remove-inconsistent-formatting-10

# Computing Careers and Disciplines

Have students ever asked you what kind of work they can do with computers? Have you ever wondered about that as well? Most computing jobs falls into one of the general categories shown below. In Computing Careers, workers can often find themselves moving to other types of jobs in rapid fashion as the industry changes so quickly.

**Business -** Cloud Product Manager, Business Analyst, Content Specialist, Systems Analyst, Content Specialist **Infrastructure -** Operation Research Analyst, Computer Operations Manager, Network Engineer, DevOps Manager, System Administrator, Automation Engineer, Hardware Architect

Development - Front-End Developer, Software Engineer,
Game Developer, Programmer, Web Developer
Data - Security Specialist, Analytics Consultant, Database
Administrator, Data Mining Specialist, Data Scientist
Design - UI/UX Designer, Multimedia Specialist, Usability
Engineer, Information Architect, Quality Assurance
Specialist, Software Architecture Consultant
Management - ITS Manager, Project Manager, Application
Development Manager, Chief Information Officer



Want to learn more? Download Computing Careers and Disciplines Guide produced by CERIC here.

# Agriculture boot camp provides students with hands-on experience





**December 4, 2019** – Over 30 high school students from across Saskatchewan gathered for an exciting Agriculture boot camp hosted by Saskatchewan Polytechnic and Sun West Distance Learning Centre (DLC). These students are part of an Agricultural Equipment Technician (AET) course offered by the DLC in partnership with Canada Equipment Dealers Foundation, Sask Polytech, Sun West School Division and the Western Equipment Dealers Association. Demand for qualified Agricultural Equipment Technicians across the industry led to the partnership and is allowing students to experience this career first-hand.

"Boot camp is an important part of the AET courses," says Darren Gasper, superintendent of Education with Sun West School Division. "Students from across the province are getting an insider's view of AET training at the post-secondary level so that they are more comfortable with the training path of an AET and are in a better position to make a meaningful career choice after high school. Today's attendance speaks volumes about the interest in ag careers in our province."

At the boot camp, the students experienced first-hand the work that is carried out by Agricultural Equipment Technicians. This included hands-on work with hydraulics, engines, and electrical components. The students also participated in a Sask Polytech apprenticeship class and were mentored by apprenticeship students.

"Agriculture is a major contributor to Saskatchewan's economy and Sask Polytech is excited to encourage more high school students to pursue an agriculture career," says Chris Thomson, Sask Polytech Agricultural Equipment Technician program head. "This boot camp is an opportunity for students to learn more about a career in agriculture equipment and experience what we have to offer at Sask Polytech."

This fall, Sun West DLC launched AET 30L, building upon the 20-level course that was piloted last year across Saskatchewan. Both courses include 50 hours of online theory, 40 hours of practical work study at an agriculture dealership and a 10-hour boot camp at Sask

Polytech. High school students are introduced to this in-demand career as an AET diagnosing, repairing, and servicing some of today's most technologically advanced machines—tractors, combines, cultivators, seeders and sprayers.

#### About Sask Polytech

Saskatchewan Polytechnic serves students through applied learning opportunities at campuses in Moose Jaw, Prince Albert, Regina and Saskatoon, and through extensive distance education opportunities. Programs serve every economic and public service sector. As a polytechnic, the organization provides the depth of learning appropriate to employer and student need, including certificate, diploma and degree programs, and apprenticeship training. Saskatchewan Polytechnic engages in applied research, drawing on faculty expertise to support innovation by employers, and providing students the opportunity to develop critical thinking skills. Visit us at <a href="https://www.saskpolytech.ca">www.saskpolytech.ca</a>

#### About Sun West School Division & Sun West Distance Learning Centre (DLC)

As Saskatchewan's largest online school, Sun West DLC supports more than 3,000 students across the province each year. Both home-based and in-school students take advantage of the opportunity to learn with the DLC at a pace, place and time that suits their individual learning needs. Students can earn credit in more than 160 online courses ranging from Kindergarten to Grade 12 including a suite of 13 agriculture courses and 18 trades-based courses. Visit us at <a href="https://www.sunwestdlc.ca">www.sunwestdlc.ca</a>

# 2020 Post Secondary Event Timeline Dates Subject to Change

### March

- Continue applications
- Official Ministry Transcript due at SK Polytech for Nursing and other competitive entry programs – March 1<sup>st</sup>
- U of SK Competitive Awards & supporting documents deadline March 1st
- SK Polytech Open House: Saskatoon & Moose Jaw Campuses March 11<sup>th</sup>; Prince Albert & Regina Campuses – March 12<sup>th</sup>
- U of Regina Priority Deadline & Entrance Scholarship Deadline March 16<sup>th</sup>

### April

Apply for local scholarships

# May

- Deadline for U of Regina Residence May 1st (Guaranteed Room)
- U of Regina UR Beginning (new students for Fall 2020) April 29<sup>th</sup>-May 1<sup>st</sup>

# <u>June</u>

- Students must complete a transcript request form to have an official transcript of their marks be forwarded to the post-secondary schools they have applied to. For this form, go to: <a href="https://www.k12.gov.sk.ca/etranscript/">https://www.k12.gov.sk.ca/etranscript/</a>
- Student loan applications available on-line at: https://www.saskatchewan.ca/residents/education-and-learning/student-loans

#### August

- Deadline for all University of Regina programs (excluding Indigenous Education, Visual Arts and Nursing) – Aug. 1<sup>st</sup>
- U of SK Arts/Sciences deadline August 15th
- Ministry of Education transcripts are due to all post-secondary institutions



Saskatchewan's 16th Annual Career Development Conference for Career Practitioners, Educators, School Counsellors and HR Professionals

# **APRIL 21–22, 2020**

Travelodge Hotel, Saskatoon, SK

# EARLY BIRD REGISTRATION ENDS MARCH 13TH!

#### THIS YEAR'S KEYNOTE SPEAKERS INCLUDE:









Sarain Fox

#### OVER 16 SESSIONS INCLUDING:

- Understanding the Saskatchewan Labour Market
- · Mental Health sessions
- Finding One's Soul in Work
   Retirement
- Social Media and Your Career
- Future of Work
- Inspirational Leaders

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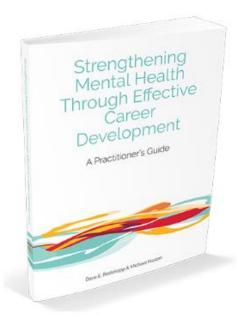
# Strengthening Mental Health Through Effective Career Development: A Practitioner's Guide

This book makes the case that career development practice is a mental health intervention and provides skills and strategies to support career development practitioners in their work. It explores how practitioners do far more than help people prepare for, enter and navigate career pathways – they change people's lives in ways that improve mental health and overall well-being. The authors also emphasize their focus is mental health, not mental illness, and address this distinction in the book.

The guide shows how to connect career development services to clients' mental health while working ethically and within the boundaries of competence and role. It includes a focus on evaluating the mental health impact of career services and communicating these outcomes to stakeholders.

Practitioners will be equipped to:

· improve their career development services,



- broaden their view of client concerns to include well-being outcomes as part of a wholeperson approach to career/life planning,
- and strengthen their collaboration with healthcare service providers.

Written primarily for career development practitioners, namely those who help clients or students, this resource is also of use to the supervisors and managers of career practitioners. Researchers and academics will find a robust and testable model of career development and mental health relationships. Download your free copy here.

# **Scholarships By Deadline**

Feb. 28	RBC Royal Bank Indigenous Awards	• 10 X \$4,000	→ For status and non-status Indigenous, Inuit or Métis pursuing post-secondary education.
Feb. 28	Stacey Levitt Memorial Award	• 1 X \$2500	<ul> <li>→ Applicants must submit a short essay on living life to the fullest, helping others, etc.</li> <li>→ Letter of recommendation required.</li> </ul>
March 1	Sask Agriculture Student Scholarship	• 1 X \$4,000 • 3 X \$2,000	<ul> <li>→ Must be planning to take an agriculture related program.</li> <li>→ Must submit a 3-minute video or 1,000 word essay that highlights agriculture's stewardship story</li> </ul>
March 9	RE/MAX Quest for Excellence	• 16 X \$1000	Must describe contributions made to your community that display leadership, motivation and communication skills. Volunteering in charitable events or fundraising may also be included.
March 15	The Leonard Foundation Financial Assistance Program	• 40 X \$1000 to \$1500	<ul> <li>→ Students must enroll in a full-time undergraduate program and participate regularly in athletic or military activities. Personal qualities showing a potential for leadership are also a requirement.</li> <li>→ All applicants will be considered but preference will be given to daughters or sons of ordained clergy, elementary or secondary school teachers, and Canadian military personnel.</li> </ul>
March 15	Queen's Diamond Jubilee Scholarship (grade 12) The Prince of Wales and Duchess of Cornwall Scholarship (grade 11)	• 6 X \$1000 • 20 X \$500	<ul> <li>→ For Grade 12 students who are at risk of not succeeding in their first post-secondary year due to financial burdens and vulnerable circumstances.*</li> <li>→ For Grade 11 students living with vulnerable circumstances to assist them in completing their grade 12 education.*</li> <li>* Administrators and school leadership teams nominate students who are at risk of not completing high school for the above scholarships.</li> </ul>
March 31	SWNA Junior Citizen of the Year	• 4 X \$3000	<ul> <li>→ Applicants should prove that they:         <ul> <li>have a positive lifestyle</li> <li>are dedicated to community and school</li> <li>have a strong sense of caring and responsibility</li> <li>have the ability to overcome life's challenges</li> <li>inspire others</li> </ul> </li> </ul>

March 31	SaskTel Scholarships	• 7 X \$3000	<ul> <li>→ Be Saskatchewan residents</li> <li>→ Be enrolled or plan to enrol in full-time at a post-secondary educational institution in Saskatchewan</li> <li>→ Be enrolled in a degree, diploma, or certificate program directly related to telecommunications (Computer Science, Engineering, Accounting, and Business Administration).</li> <li>→ Have achieved a minimum of 75% grade average in their most recent educational standing.</li> </ul>
March 31	Conexus Community Youth Leadership Awards	•30 X \$500	<ul> <li>→ For a grade 12 student who demonstrates cooperative spirit, community involvement and leadership</li> <li>→ Applicant (or parent/guardian) must be a Conexus Credit Union member.</li> </ul>
April 1	South Country Equipment Scholarship Program	•8 X \$3000	<ul> <li>→ For students pursuing a career in the John Deere Tech-Journeyman Diesel Technician field.</li> <li>→ Min. 75% high school average, letter of reference and school/community involvement required.</li> <li>→ Contact <u>Drew Watson</u>, 306.842.4686</li> </ul>
April 30	Learning Disabilities Association of Saskatchewan Scholarship  MacRae Memorial Scholarship	3 X     \$1000      2 X \$500     (1 open to Indigenous applicants and 1 open to all applicants)	<ul> <li>→ Must be accepted into a post-secondary program and have a written diagnosis of a learning disability</li> <li>→ Three letters of reference</li> <li>→ Proof of admission or acceptance (can be conditional) in the course of study proposed</li> <li>→ Completed form plus a one-page explanation of:         <ol> <li>How learning disabilities have affected your life</li> <li>How you have learned to work with an compensate for those disabilities</li> <li>What they are your hopes for the future</li> </ol> </li> </ul>
All Year (check website for specific dates)	CWB Welding Foundation Awards	<ul> <li>Various     Amounts</li> <li>Apply as     early as     possible as     funds are     limited</li> </ul>	<ul> <li>→ Must be accepted into a full-time welding program for post-secondary</li> <li>→ Complete online form</li> <li>→ Provide 2 references (not family)</li> <li>→ Include current transcript verification report with grade 11-12 marks highlighted (school report transcript is fine)</li> <li>→ Letter of recommendation (teacher, staff member, employer) relating to your welding activities</li> <li>→ Acceptance letter to post-secondary institution</li> <li>→ 500 word essay (details on site under Instructions)</li> </ul>

# **Networking Newbies: LinkedIn for High School Students**

Of course high school students are professional networking newbies. They are just getting started, after all. As guest author Chad Dorman explains though: That does not, mean that our high school years aren't the perfect time to jump on LinkedIn...Read the whole article here.