

SCWEA

We support those who influence the life/career investigations of youth.

Career Development is infused throughout curriculum with many cross-curricular connections.



Share this Newsletter with administration and colleagues in your school & community.

Encourage others to join SCWEA!



www.scwea.com

December 2023

SCWEA Special Project Update!

Our website is live! We have published the Career Educator's Compendium through a Wix site and we have made a plan to add maintenance of the site and resources to the work of the executive. We intend to make this an ongoing project.

The site can be accessed at <https://scweapgn.wixsite.com/mysite> and is also linked through our homepage at scwea.com.

We value any feedback, resource suggestions or submission from our membership and our supporters. Please email scweapgn@gmail.com with anything that we can add or address through this exciting process.



SCWEA EXECUTIVE 2023/2024 SCWEA Executive

Directors:

President: Kerrie Binetruy

Secretary: Vanessa Lewis

Treasurer: Amanda Ross

Mark Edmonds

Jeff Feeley

Michael Graham

Samantha Kitzul

Viviana Ruiz Arcand

Stacey Kohlman

Professional Growth Networks



Professional Growth Networks Updates and SCWEA

Recently, our STF has implemented a new vision for professional growth networks.

***There is incredible value in being a member of a Professional Growth Network.
Join SCWEA and bring a friend!***

SCWEA supports all those who influence the life/career decisions of youth. Career Development is infused throughout curriculum with many cross-curricular connections. We serve needs of members including but not limited to Career Counsellors, Middle Level Career Education Teachers, Work-Based Learning Teachers, PAA Teachers, K-12 Teachers, Youth Counsellors, post-secondary institutions, industry representatives, etc.

SCWEA WELCOMES NEW & CONTINUING MEMBERS!

Please choose **SCWEA** as your first "free" choice through you mystf login.

If you have already chosen a PGN to join, please consider joining SCWEA as your second choice for a nominal membership fee. Or, if you are not an STF Member, see membership form details at www.scwea.com



SCWEA Awards



Award of Excellence

We would like to take a few moments to remember a SCWEA member, an educator and a friend. **Clarence Neault** was a Career Guidance Coordinator with the Athabasca Denesuline Education Authority from the Prince Albert area. Unfortunately, his life ended way too soon. Those that knew Clarence could see that his true calling was working in the education field. He made multiple contributions to career development within the province and approached every task with fortitude and enthusiasm.

Clarence has contributed to the goals of our association and has taken on many active roles such as creating SCWEA newsletters, organizing conference sessions, sharing his voice on topics of importance to our mandates, connecting his northern colleagues to related opportunities, and supporting our special project initiatives. Over and above all of this, his kind heart and caring nature have enriched our time together. Clarence's passion for career development was contagious. He was such an incredible advocate for building partnerships in support of student learning and has always had a special place in his heart for his northern students, colleagues, and friends. We here at SCWEA, are so grateful to have had the opportunity to collaborate with him. He will be sadly missed.

It is with great respect that the SCWEA Executive has nominated Clarence for the "SCWEA AWARD OF EXCELLENCE". The Award of Excellence is presented to the SCWEA member who has made the most outstanding contribution to the development and promotion of Career and Work Education in Saskatchewan. His unwavering dedication to this organization, to his students and to his job, makes him the ideal candidate and a well-deserving recipient of this award.

Gerry Guillet (pictured above) accepted Clarence's award on behalf of Clarence's brother and his wife. Gerry has known Clarence for over 50 years and considers him his best friend. He is thankful for the recognition of Clarence and for his accomplishments and efforts with our organization, as well as us recognizing Clarence for his unique and personal qualities and characteristics.

Friends of SCWEA Award

The Canadian Mental Health Association has 330 community locations across the nation, and 10 main offices in Saskatchewan. They run a variety of programs that meet needs of the communities they serve. They offer programs for every age and every point on a person's journey.

We have been able to integrate their education programs into our CWEX and career ed courses, to provide students with the skills and information they need to recognize, participate in and advocate for healthy and safe workplaces.

They provide programs through the Sask Hope Learning Centre that are designed to help smooth life transitions, such as Adulting 101, Building Better Boundaries, and Challenging Procrastination that can support families across Saskatchewan. They provide a bridge between the school system supports and the medical system supports that help people navigate their life transitions.

The Friends of SCWEA award recognizes non-educators who assist in the development and promotion and development of Career and Work Education. We are honoured to have Carmen Ledding here to share some of their information and represent their organization at our conference. It is a privilege to present the Friends of SCWEA award to the CMHA in recognition of their mission and support.



Student Awards



In 2022-2023 SCWEA provided two awards of \$200 each to two graduating students (one in the northern area of our province and one from the southern area). **Members of SCWEA may nominate one student for this award.**

Criteria include:

- * The student must have achieved or be in progress to earn a credit in a course with a work-based learning component.
- * The student must be graduating in the year the award is given.
- * The student must have represented themselves well both in class activities and in their work placement.
- * The student should have shown considerable development in the classroom and potential in regards to the foundational objectives of work-based learning, with particular emphasis on:
 - * Development of their personal goals and characteristics in understanding themselves and the changing world around them.
 - * Demonstration of personal accountability, communication and networking skills.
 - * Recognition of transferable and employ-ability skills and the wide scope of career opportunities.
 - * Responsible participation in their work placement in a safe and healthy manner.
 - * Progress in the development of a career and/or work portfolio.

Congratulations to this year's SCWEA Student Award Recipients!

Amna Central Collegiate



I believe taking this course has prepared me for the future after high school. It explored real examples of the rights and responsibilities of being an active citizen in Canadian society. It taught me about handling money, exploring work opportunities, understanding the roles of civil engagement and where I wanted to go after high school. While I was still in Grade 10, I worked on this assignment that detailed my entry into post-secondary. I researched careers that I was interested in, but rather than stopping and saying "I want to be this when I grow up," I really took the time to see what I would learn/be taught, the employment rates, skills to have, salary and if it matched my learning style, personality, and motivations. I then made a budget based on my program which included expenses like tuition, meal-plan, transportation, etc. I never liked the idea of growing up, so I preferred to stay in school, my safe haven. However, this course provided me with a confidence boost and made me feel as though I was equipped with the knowledge I needed to face the world as a real adult!

Renzo Churchill Community School

I am graduating senior high at Churchill Community high school. I have recently moved to Canada from the Philippines last 2021, and it has been a very different but surreal experience. As an Immigrant in a country of people that doesn't speak my mother tongue. Communication became a source of frustration and gave me the urge to improve myself. I have realized the reason behind our family's migration to Canada, at least for myself. So, I chose the most proper Job I could find that offers me to accumulate proper experience for my future. I am enrolled in CWEX 30 and working as a medical receptionist; in this job I have the privilege to talk to people and communicate with them using the English language which I believe is key to opening multiple doors and opportunities. Each day, I'm dealing with different types of people with different types of concerns, this allows me to expand my vocabulary and solidify my social skills. I have a high sense of self-awareness, I know what's best and what I need, and I know this job as well as the class will prepare me for the future. In class I learned about workplace safety, my rights and responsibilities, hazards and prevention, WHMIS, Psychological health and safety as well as magazine articles and researching different jobs etc.



Career and Work Exploration (CWEX) Resources

Career and Work Exploration courses are an incredible way for students to receive a portion of their credit through workplace experiences allowing them to develop awareness, skills, and knowledge in support of their life/career decision making. Work-based learning placements provide students with:

- A “real world” experience in the workplace
- Exposure to workplace health and safety issues
- An opportunity to develop self-confidence and transferable skills
- An understanding of the rights and responsibilities of an employer/employee
- An opportunity to develop a greater awareness of the needs of business, industry, and extended community
- A chance to bridge the transition from school to work

Following are a few resources/ideas in support of Career and Work Education Classes



The Government of Canada CCOHS site contains a wealth of information in support of work-based learning courses. Teachers have said they appreciate the site for content such as:

Young Workers Zone— <https://www.ccohs.ca/youngworkers>
Teaching Tools— https://www.ccohs.ca/teach_tools/
OSH Answer Fact Sheets— <https://www.ccohs.ca/oshanswers/>
Posters and Infographics— <https://www.ccohs.ca/products/posters/>
Online Certificates—there are some online courses/certificates which are worth looking into (free and paid).
<https://www.ccohs.ca/>



The WorkSafe Saskatchewan website contains a section dedicated to Youth. View the website for information on the following:
<https://www.worksafesask.ca/youth/>

YWRCC All 14 and 15 year-old workers in Saskatchewan need a Young Worker Readiness Certificate of Completion (YWRCC) to be able to work. Learn More	Ready for Work Program Learn more about your health and safety rights on the job by participating in the Saskatchewan Federation of Labour's Ready for Work program. Learn More	Making safety a priority Curtis Weber shares his story of being injured at work at age 17. Learn More	Free WorkSafe posters Download and print copies of WorkSafe's most popular posters to promote safety at work. Learn More
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Tips for youth employers It is the responsibility of every employer to ensure workers are kept safe while on the job. Young workers are at particular risk, with one in 10 getting injured every year in Saskatchewan. Learn More	Tips for parents It is important for parents to talk to their children about health and safety on the job. Don't assume that someone else is looking out for your child while they're at work. Learn More	Teachers You play a vital role in the safety of our youth! Learn More	Youth video contest Here's your chance to get creative and make a video to share your thoughts on workplace health, safety and injury prevention. Learn More
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READY FOR WORK



Ready for Work

The *Ready for Work* resource is designed to assist young people in gaining practical knowledge and skills in the workplace. *Ready for Work* includes modules and additional resources for use in high schools to help young and upcoming workers understand their rights and responsibilities as workers, employers and/or supervisors and develop skills in exercising those rights and responsibilities.

The *Ready for Work* resource includes eight modules that provide support for teachers to meet the learning objectives in the Saskatchewan Ministry of Education's [Career and Work Exploration \(CWEX\) Curriculum](#):

Learning Objectives:

- **Career and Work Exploration 10**
 - **Module 9A (CWEX09A):** Occupational Health and Safety (Core) (Suggested time: 3-5 hours)
 - **Module 10A (CWEX010A):** Labour Standards (Core) (Suggested time: 1-2 hours)
 - **Module 12A (CWEX12A):** Workplace Hazardous Materials Information System (WHMIS) (Core) (Suggested time: 2 hours)
- **Career and Work Exploration 20**
 - **Module 9B (CWEX09B):** Occupational Health and Safety (Core) (Suggested time: 4-5 hours)
 - **Module 10B (CWEX010B):** Labour Standards (Core) (Suggested time: 2 hours)
 - **Module 12B (CWEX12B):** Workplace Hazardous Materials Information System (WHMIS) (Core) (Suggested time: 1-2 hours)
 - **Module 13 (CWEX13):** Recognizing Hazards (Core) (Suggested time: 6-8 hours)
- **Career and Work Exploration A30**
 - **Module 9C (CWEX09C):** Occupational Health and Safety (Core) (Suggested time: 4-6 hours)
 - **Module 12C (CWEX12C):** Workplace Hazardous Materials Information System (WHMIS) (Core) (Suggested time: 2 hours)
- **Career and Work Exploration B30**
 - **Module 10C (CWEX010C):** Labour Standards (Optional) (Suggested time: 4 hours)
 - **Module 12D (CWEX12D):** Workplace Hazardous Materials Information System (WHMIS) (Core) (Suggested time: 2 hours)

In offering high school work-based learning programs such as Career and Work Exploration, we understand the value of real-world learning opportunities for various stakeholders including students, workplaces, and our extended communities. Saskatchewan Polytechnic offers a number of Co-operative Education opportunities for students who are accepted into certain programs providing them with a rich experiences and opportunity to earn as they learn. For more information about offerings in Moose Jaw, contact:

SaskPolytech Co-operative Education Contact Information:

coopeducation@saskpolytech.ca


[Co-operative Education](#)

306-691-8323


Co-operative Education

[Home](#) > [Programs & Courses](#)


Saskatchewan Polytechnic is a leader in providing paid, practical and relevant co-operative education opportunities. It's a win-win-win partnership between students, Sask Polytech and employers.




For students



For employers



Job postings



Co-operative
Education Student of
the Year

Career Counsellor Resources

Career Counselling helps students develop the knowledge and skills needed to successfully transition from high school into life/work beyond.

Following are a few of a multitude of tools/resources available to support of career counselling.

Saskatchewan Universities and Technical Institute Liaison (SUTIL)

<https://www.sutil.ca/virtual-post-secondary-career-fair/>

SUTIL hosted a Virtual Career Fair for Grade 11 Students from across our province. The virtual booths remain accessible to the public for a period of time.



SHA is now accepting student volunteers, job shadows and work experience placements. All interested students need to apply through the volunteer application. For more information on the opportunities available near you, and to find the application form, check out <https://www.saskhealthauthority.ca/careers-volunteering/volunteering-saskatchewan-health-authority>.

Interested in health care post-graduation?

Sign up for Virtual or In-person Counsellor Sessions

Many career counsellor sessions by various post-secondary institutions will be offered in the fall and throughout the school year.

Unsure of what to do following Grade 12? You are not alone.

<https://www.cangap.ca/>

The Canadian Gap Year Association provides a variety of options and ideas for an year following high school.



Hello, educators, guidance counselors and coaches!

Unsure how to support students who aren't ready for higher education?

Our educator and school board support offers micro-certificate programs and in-classroom tools that help you help students and families during this crucial and vulnerable time.

EDUCATOR SUPPORT

tion provides a va-
intentional gap



If you know you want to go to post-secondary, but are not sure where to start, check out the new AI Program Finder by [Degree Hub](#)



Health Science Educational Programs

Available to Saskatchewan Students Outside the Province

Saskatchewan has agreements with post-secondary institutions in other provinces to reserve seats for eligible Saskatchewan residents in specific health training programs not offered in the province. These programs provide training for priority health sciences jobs in Saskatchewan.

Click on program titles for more details

Respiratory Therapy

Southern Alberta Institute of Technology (SAIT)

Respiratory therapists assist physicians in diagnosing, treating and managing patients by providing services such as cardiopulmonary resuscitation, ventilator management, oxygen and aerosol therapy, patient assessment and evaluation, and diagnostic services.

3 Year
Diploma

Nuclear Medicine

Southern Alberta Institute of Technology (SAIT)

Nuclear medicine technologists use radioactive drugs and specialized instruments to help diagnose and treat disease and injury. Students will learn imaging techniques, laboratory procedures and equipment operation.

22 Month
Diploma

Diagnostic Medical Sonography (Ultrasound)

Southern Alberta Institute of Technology (SAIT)

Diagnostic medical sonographers work as members of patient care teams, applying high-frequency sound waves to assess patients and provide information to physicians.

26 Month
Diploma

Occupational Therapy

University of Alberta (U of A)

Occupational therapists work with individuals who experience disability, the elderly, newborns, school-aged children and individuals with physical or a mental impairment. Occupational Therapy helps citizens perform daily tasks in their living and working environments, and assists them in developing skills to live independent and productive lives.

26 Month
Masters

Magnetic Resonance Imaging (MRI)

Northern Alberta Institute of Technology (NAIT)

MRI is used to image all parts of the human body using non-ionizing radiation. A MRI technologist is responsible for operating the MRI scanner, obtaining images, optimizing image quality and identifying pathology.

2 Year
Diploma

Cardiovascular Perfusion

British Columbia Institute of Technology (BCIT)

Cardiovascular perfusionists are key members of open-heart surgical teams. They operate specialized equipment, such as heart-lung machines, during open-heart surgeries or other medical procedures that may affect a patient's circulatory or respiratory function.

2 Year
Certificate

Electroneurophysiology

British Columbia Institute of Technology (BCIT)

Electro-neurophysiologists work in hospital settings, operating electro-neuro-diagnostic testing equipment to test and assess the integrity of the peripheral and central nervous system.

2 Year
Diploma

Prosthetics and Orthotics

British Columbia Institute of Technology (BCIT)

Prosthetics and orthotists transform physical disabilities into new mobility opportunities. They perform assessments to determine a patient's orthopedic and prosthetic needs and assess functionality of muscle development, sensory function, range of motion and joint stability.

2 Year
Diploma

Financial Supports for Students

Students may be eligible for financial supports. See requirements:

- [Scholarships](#)
- [Grants and Bursaries](#)
- [Student Loans](#)
- [Education and Training Incentive \(ETI\)](#)
- [Job Training and Financial Support Programs](#)
- [Graduate Retention Program](#)
- [Supports for Students with a Permanent Disability](#)

Program graduates!

Connect to jobs at:
healthcareersinsask.ca

We are online! Follow us at:

- [SaskatchewanStudents](#)
- [@SkStudents](#)
- [@SkStudents](#)

saskatchewan.ca | 1-800-597-8278

Saskatchewan

Scholarship Application Tips for Students:

Do your research! There are scholarship opportunities for almost everyone! Make time to investigate by talking to your Career Counsellor, parents, visiting related websites, etc. There are still scholarships available for this year's graduates. As well, next year's Grade 12 students should be investigating now!

<http://www.scholarshipscanada.com/>

<https://yconic.com/>

<https://scholartree.ca>

<https://atila.ca/>



An Example of a Few Upcoming Scholarships:

Jan 10	U of A	Various	Various scholarships available but must apply for entrance first.
Jan 16	SARM Scholarship	2 * \$1,500	Must be in Grade 12 or have completed high school within last 2 years. Must have a farming background and have parents who own/rent/pay tax in a rural municipality Complete online form and essay.
Jan 30 Deadline for school to submit a nominee	Schulich Leader Scholarship	\$60,000 & \$80,000	For students planning to study STEM related subject areas from a list of eligible post- secondary institutions. At U of S, eligible programs include Engineering, Science, Agribusiness, Renewable Resource Management and Agriculture. Most possess at least 2 of the following 3 attributes: outstanding leadership, academic excellence, financial need. Register to receive info.
Jan 31	Dick Martin Scholarship Award	\$3,000	Enrolled in an Occupational Health and Safety related course. 1000 word essay, cover letter, application form.
Jan 31	Mensa Canada Scholarship	Varied	250 word essay about life/career plan. Relevant experiences and explanation of obstacles you overcame in pursuit of your goals.
Jan 31	Energy Rates	\$500	Write an essay on any topic about energy in the world of tomorrow. What do you think people will be reading about in future news?



GeoExplore Saskatchewan | Free online resources for teachers

This new website was developed in partnership by the *Saskatchewan Geological Society*, as well as the *Association of Professional Engineers and Geoscientists*, with support from other agencies including the *Saskatchewan Geological Survey*, *U of S*, *U of R*, and the *Saskatchewan Mining Association (SMA)*. It is the DIGITAL [Saskatchewan Geological Highway Map](#) PLUS SO MUCH MORE (think multiple GIS layers). It is a great free resource for many grades, including grades 4, 7 and Energy and Mines 30, is hands on and can be integrated into many other subject areas.

LESSON PLANS

Teachers can access any of our **free, curriculum-correlated lesson plans** anytime on the SMA website at <http://saskmining.ca/Mines-in-Saskatchewan/Lesson-Plans>.

EXPLORE A CAREER IN MINING

<http://saskmining.ca/Mines-in-Saskatchewan/EFM-Career%20Profiles>

GEOVENTURE

Rock'n the Classroom GeoVenture Teacher Tour is BACK! This is a fantastic Professional Development opportunity. August 12th to 18th, 2023 [GeoVenture | Saskatchewan Mining Association | Mines in Saskatchewan | Regina \(saskmining.ca\)](#)



Careering

Canada's magazine
for Career Development Professionals

Most recent Careering issue at:

[Winter 2023 - CERIC](#)

Past issues of Careering at:

<https://ceric.ca/careering-magazine/>

For FREE!!

Relevance Magazine



Relevance 2024:
Your Future is Limitless

[Relevance Magazine - Contact 360](#)

Facilitator Guide

Discussion Guide with lesson plans, ideas and resources for your classroom.

[Relevance Magazine - Contact 360](#)

A Student Fav!

A Teacher Fav!





<https://chatterhigh.com/>

There are 4 new ChatterHigh Courses available in English and French for Grades 6-12 students:

[Keep Canada Safe! Discover Careers in Cyber Security](#)
[Money Management Modules](#)
[Let's Explore Engineering](#)
[Mental Health](#)

CERIC Website

The CERIC website contains a wealth of Career Development related resources including access to many free webinars.

<https://ceric.ca/>
<https://ceric.ca/ceric-events/webinars/>



Wayfinder

Teachers and Career Counsellors, try out [Wayfinder](#), a collection of over 300 reflective practice resources to enhance career development and experiential learning.



Saskatchewan Apprenticeship and Trades

Connect with the incredible team at Saskatchewan Apprenticeship and Trade Certification for information on Apprenticeship Credits, Trades Training, Saskatchewan Youth Apprenticeship etc.

<https://saskapprenticeship.ca/>



Quick Links to Post-Secondary contacts in support of career counsellors

Great Plains College:
erict@greatplainscollege.ca

Lakeland College:
<https://lakelandcollege.ca/admissions/for-high-school-counsellors/>

Medicine Hat College
Info@mhc.ca

Olds College:
info@oldscollege.ca

Red Deer College:
<https://rdc.us18.list-manage.com/subscribe?u=462d8333f31343f0e9c2c37d9&id=e27595c0c1>

Saskatchewan Polytechnic:
<https://saskpolytech.ca/programs-and-courses/resources/counsellors-resources.aspx>

SAIT:
<https://www.sait.ca/teachers-and-counsellors>

U of A:
<https://www.ualberta.ca/admissions/undergraduate/resources/counsellors-and-teachers>

U of C:
<https://www.ucalgary.ca/registrar/future-students/connect/counsellor>

U of Lethbridge:
<https://www.uleth.ca/future-student/counsellor-contact-request>

U of Regina:
enrolment.services@uregina.ca
newsletter@universityofregina.ccsend.com

University of Saskatchewan:
<https://admissions.usask.ca/counsellors.php>
<https://usask.us7.list-manage.com/subscribe?u=3441dd83e2d1ccfa75de076e6&id=27a5b0eea0>



[Marketplaces - High School Investment Education | EVERFI](#)

If your school has access to Everfi, there are Investing Basics Lessons available for high school teacher and students to learn more about financing, personal investing, markets, etc.

MyBlueprint

Teacher may want a refresher by reviewing the free myBlueprint webinars on a wide variety of topics. There are also many lesson plans available.

myBlueprint.ca



Saskatchewan Safety Council

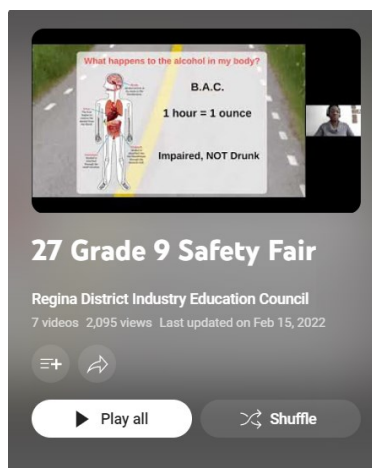
The SK Safety Council offers a variety of free online training programs for students between 14 and 21. If you think students would benefit from the training, reach out to the Saskatchewan Safety Council.

[ssc_paid_free_7.pdf \(sasksafety.org\)](#)

RDIEC

Has a number of Safety related videos at:

[27 Grade 9 Safety Fair - YouTube](#)

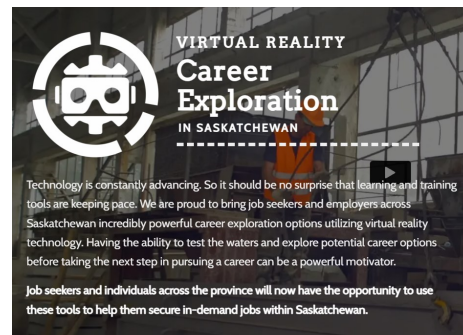


Transcript Requests

Grade 12 students who are applying to a post-secondary institution will need to request that a [transcript from the Ministry of Education](#) be sent to that institution. There is a \$25 fee for the first 5 selections and \$2 per additional location.

VR Career Exploration in SK

[VR 4 Careers in SK « Virtual Reality Career Exploration in Saskatchewan](#)



Discover Year

Access [program and resources](#) to create a structured and purposeful gap year.



Student SaskMoneyMinute

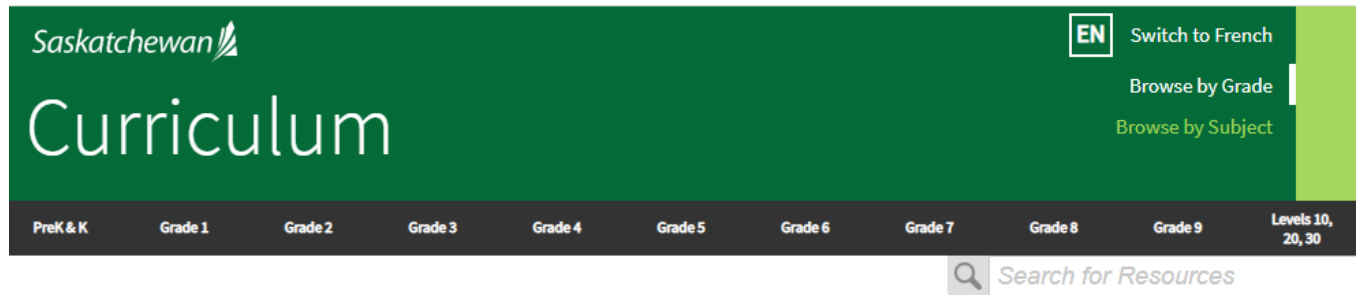
Students can win prizes for creating short one-minute videos introducing financial literacy habits to their peers. There are also many teacher resources available at the [website](#).



Career Education Resources

“The Career Education curriculum is designed to develop the competencies required by all people to successfully manage their work and life. The provincial guidelines provide time for 50 minutes per week/30 hours per year in grades six through nine for Career Education instruction. Schools and/or teachers can choose to schedule and deliver the required instruction over the entire school year or block schedule the instructional time into a half year, a term, or another configuration totalling 30 hours.” - Career Education 9 Curriculum Document, p1

Following are a few of a multitude of tools/resources if new (or not) to Career Education.

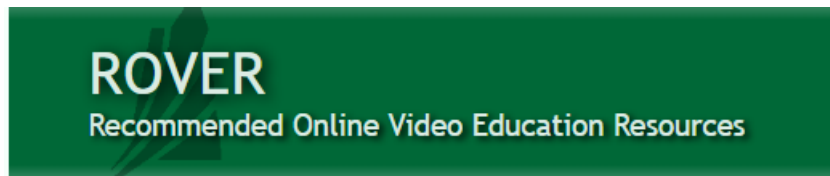


Career Education 9

Visit the SK Curriculum Website at edOnline for Career Education 6, 7, 8, and 9 Curriculum Documents

<https://www.edonline.sk.ca/webapps/moe-curriculum-BB5f208b6da4613/CurriculumHome?id=206>

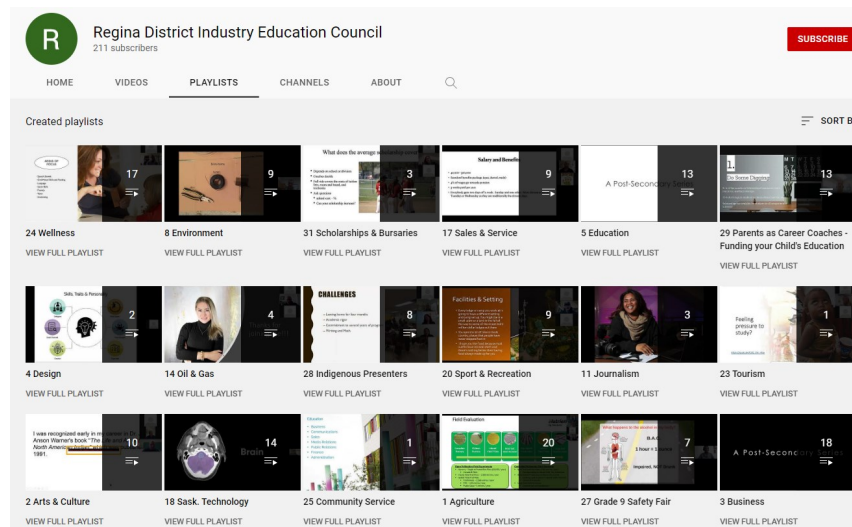
The curriculum website also contains links to various resources including
Rover (Recommended Online Video Education Resources)



Visit the Regina Industry Education Council Website for online Career Spotlights

<http://www.rdiec.ca/>

<https://www.youtube.com/channel/UC5r6ybJhZqxuXZLgwNVCU8Q/playlists>



contact 2024 LIMITLESS

Saskatchewan's 19th Annual Workforce Development Conference

April 17 & 18, 2024

TCU PLACE | SASKATOON, SK

Contact has set the date for their Conference for the year. This will be held on **April 17th and 18th at TCU Place at Saskatoon**: <https://contactconference.ca/> and **Connexus 24 Career Conference** has both in-person and virtual options and will be held on **January 29-31st in Ottawa**. Register by January 15 for the best rates. **SCWEA members receive a 25% discount** on registration fees: <https://cannexus.vfairs.ca/en/step-registration>

CANNEXUS24

29 Jan 2024 - 31 Jan 2024

What to expect at a hybrid Cannexus

Whether you are part of the in-person or virtual conference, you will:



Gain knowledge from 100+ live and on-demand sessions in both English and French



Meet like-minded delegates and build connections through networking activities



Be informed and inspired by diverse, world-class keynotes and presenters



Engage with organizations that offer programs, products and services to help your work



Have access to session recordings for three months to keep learning



SASKATCHEWAN POLYTECHNIC
Women in Trades & Technology

WITT

powered by  **orano**

Industrial Exploratory Workshops

**Jan 13/14, 27/28, Feb 10/11
from 9am-4pm**

**Saskatchewan Polytechnic
Saskatoon Campus**

Cost: \$300

**Registration
deadline:
January 7**

For women 15+

Each workshop is led by a female trades professional and offers an introduction to a variety of basic trade skills, networking and mentorship.

Trades to be explored are as follows:

Heavy Equipment Truck and Transport Technician, Industrial Mechanics, Machinist, Refrigeration and Air Conditioning Mechanic, Sheet Metal Worker, Welder/Metal Fabricator.

CSA approved steel toe safety footwear is recommended.

For more information about this course, contact
robin.reynolds@saskpolytech.ca

To register, phone: 306-659-4800

Course Name: Industrial Exploratory (WITT-1801)
CRN: 202312-3525



SASKATCHEWAN POLYTECHNIC
Women in Trades & Technology

WITT

powered by  orano

Construction & Transportation Exploratory Workshops

April 13/14, 20/21, 27/28
and May 4/5
from 9am-4pm

Saskatchewan Polytechnic
Saskatoon Campus

Cost: \$400

Registration
deadline:
April 7

For women 15+

Each workshop is led by a female trades professional and offers an introduction to a variety of basic trade skills, networking and mentorship.

Trades offered are as follows: Auto Body, Automotive Service Technician, Carpentry, Commercial Pilot, Electrician, Heavy Equipment Truck & Transport Technician, Parts Management Technician, and Plumbing.

CSA approved steel toe safety footwear is recommended.

For more information about this course, contact
robin.reynolds@saskpolytech.ca

To register, phone: **306-659-4800**

Course Name: Women in Trades C&T Explore (WITT-1800)
CRN: 202312-3642



Why work in Healthcare?



- ✓ Great pay and benefits
- ✓ Opportunities to live and work in your home community
- ✓ Fulfilling and rewarding work
- ✓ Financial perks such as recruitment and relocation incentives

Scan the QR code to learn more about careers in healthcare!



Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.



www.saskhealthauthority.ca

FAQs for students

I am still in highschool, am I eligible to work with the Saskatchewan Health Authority (SHA)?

Yes! Some positions only require completion of Grade 10 and other certificates that are obtainable at the highschool level. These positions include Environmental Service Worker, Food Service Worker and Porters. You can create a profile on healthcareersinsask.ca and browse the job board to see if any opportunities are available in your community.



[Apply Now](#)

Where can I learn more about the different careers in healthcare?

The SHA has many resources in the Careers section of their website. Scan the QR code to see different Career Profiles to learn more about the different professions that we hire for.



[Career Profiles](#)

Is there a list of healthcare professions that are in demand?

Yes! The Hard to Recruit webpage highlights the healthcare professions that are currently in demand. Scan the QR code to learn more



[In demand professions](#)

What supports and incentives are available for healthcare workers and students?

You can find more information on supports and financial incentives on the SHA Benefits and Incentives webpage.



[Benefits and Incentives](#)

Are volunteer opportunities available?

Yes there are! Please visit the Volunteer Services webpage for more information on volunteering with the SHA.



[Volunteering](#)



**Saskatchewan
Health Authority**

SCWEA RETREAT 2023

SCWEA Full Circle – Mental Health and Career Development Conference 2023

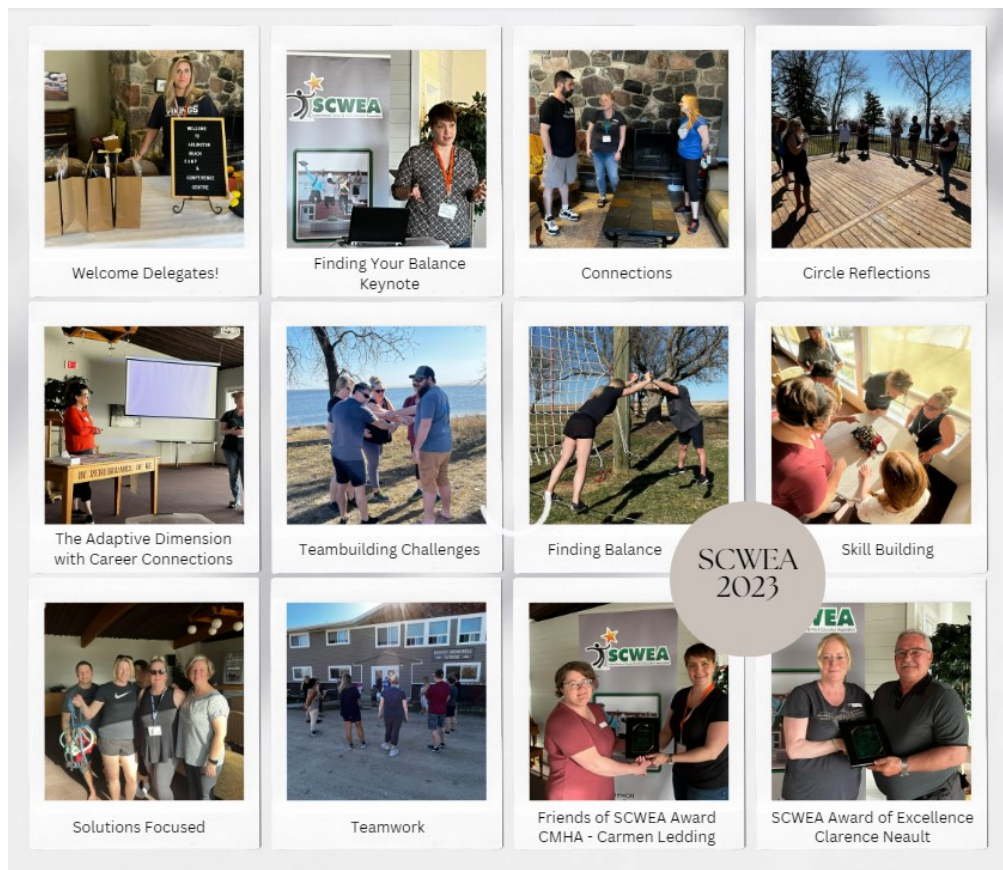
Thank you delegates, presenters, and Arlington Beach Camp Staff for your contributions to our Full Circle: Career Development and Mental Wellness Retreat 2023.

Our Executive did our best to create a meaningful professional growth experience for participants. This conference was geared towards those curious about Career Development and how our mental health and our students' mental health can influence and be influenced by career development and exploration. Sessions topics included Finding Your Balance, Bundles of Gifts, The Adaptive Dimension and Career and Work Exploration, Building Resiliency, SaskDLC Updates, Saskatchewan Youth Apprenticeship Virtual Reality, Outdoor Team Building Opportunities, etc. We are so fortunate for involvement from such incredible keynote speakers and presenters.

At our retreat, we recognized our friend and colleague, Clarence Neault, with the SCWEA Award of Excellence as well as the contributions of the Canadian Mental Health Association and Carmen Ledding with our Friends of SCWEA Award. We also made our draw for our SCWEA Student Awards for involvement in Career and Work Exploration Courses.

Finally, we had the incredible opportunity for (re)connections within the tranquil setting Arlington Beach Camp. How fitting for this year's theme!

Following are some Reflections and Resources of our time shared:



Wellness Resources

Career Development involves the whole person and it is essential we focus on our overall health and wellness. This is an important part of the life/career development process. Following are a few of a multitude of tools/resources available to support wellness.

A Year of Wellness for Middle Years

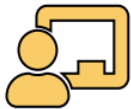
“A Year of Wellness for Middle Years was created by Sun West School Division teachers involved in the Mental Wellness PLC to support integrating all areas of wellness into the daily lives of our students and enhance their wellbeing. This resource includes monthly activities connected to the Middle Years learning outcomes for each domain of wellness: Physical, Mental, Emotional, Spiritual, and Social. Students can work on this project independently, with their family, or as a class!”

<https://resourcebank.ca/courseware/lesson/691/overview>



This resource includes monthly activities for each domain of wellness: Physical, Mental, Emotional, Spiritual, Social.

Students can work on this project independently, with their family, or as class.



Each month of this resource is connected to Middle Years learning outcomes (grades 6-9).

It is encouraged that you add a reflection and monthly tracker to each month of activity to help you assess the intended outcome.



Action for Happiness—Do Good December

This month, we're encouraging you to carry out small acts of kindness.

[Do Good December | Action for Happiness](#)

**The smallest act of kindness
is worth more than the
greatest intention**

~ Kahlil Gibran

ACTION FOR HAPPINESS



Welcome to the



H.O.P.E.
Learning Centre

Saskatchewan's first Recovery College!
Offering virtual, in-person & blended learning.

[Hope Learning Centre](#)

Check out the course offerings through the Hope Learning Centre. Relevant topics like:

- Adulting 101
- Female Empowerment
- Anxiety 101
- Finding Balance
- and many more!



They also offer links to online, independent courses offered through the Canadian Mental Health Association.

You can enroll students in courses like: [Workplace Wellness](#), [Mental Health in the Workplace](#) or [Stress in the Workplace](#).



Canadian Mental Health Association

“CMHA SK is a volunteer-based organization which supports and promotes the rights of persons with mental illness to maximize their full potential; and promotes and enhances the mental health and well-being of members of the community.”

<https://sk.cmha.ca/>



Mental Health and Wellness: Essential to Success in Career Development

<https://careerprocanada.ca/mental-health-wellness-essential-to-success-in-career-development/>

Strengthening Mental Health Through Effective Career Development: A Practitioner's Guide

<https://ceric.ca/publications/strengthening-mental-health-through-effective-career-development-a-practitioners-guide/>

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Strengthening Mental Health Through Effective Career Development A Practitioner's Guide



DOWNLOAD



PREVIEW

